

WHOLE BEING EVOLUTION™ – WHOLENESS ELEMENTS TABLE

This Table shows the 12 Phases of Whole Being Evolution from Source to Source – Each phase includes 5 Steps: Process, Cognizance/Realization, Inner Core Shift, Synthesis, Lived Stage

Phases	Steps	Wholeness Unfolding	Whole Being Dimensions			Descriptions
▼ Creation ▼						
1. Inception Phase	Process	Inception of Creation:	- Source of All -			Emergence of Manifestation
	Cognizance	Whole Being Dimensions of Creation:	Infinite Consciousness	Infinite Being	Infinite Love	
	Core Shift	Emergent Source:	· Infinite Consciousness ◊ Infinite Being ◊ Infinite Love ·			
	Synthesis	Tenets of Creation Emerge:	Conscious	Eternal	Inseparable	
	Lived Stage	Emergent Alchemical Fire of Life™:	↻ Consciousness ↔ Being ↔ Universal Love ↻			
2. Emergence Phase	Process	Creating and Generating:	Conception	Coalescence	Connection	Emergence of Underlying Form of Self
	Cognizance	Whole Being Dimensions of Self:	Identity	Existence	Relatedness	
	Core Shift	Emergent Core of Self:	Infinite	Finite	Relationship of Infinite and Finite	
	Synthesis	Facets of Self Coalesce:	Mental	Physical	Relational	
	Lived Stage	Emergent Self:	Mind	Body	Emotion	
Dimensions of Self:			↓ Identity ↓	↓ Existence ↓	↓ Relatedness ↓	
▼ Evolving Self ▼						
3. Formation Phase	Process	Becoming and Clarifying:	Thinking	Sensing	Feeling	Emergence of Self Discovery Awareness
	Cognizance	Whole Being Early Self:	Mystical Perception	Core Vulnerability	Immersion	
	Core Shift	Unconscious Sense of Inner Unknown:	Infinite	Finite	Mystery	
	Synthesis	Growth and Differentiation:	Spiritually	Personally	Socially	
	Lived Stage	Aware as Finite Self:	Beliefs	Desires	Attractions	
4. Individuation Phase	Process	Developing and Achieving – unabated drive:	To Be Free	To Be Worthy	To Be Loved	Emergence of Evolutionary Self Awareness
	Cognizance	Whole Being Individuated Self:	Conscious Separateness	Core Discomfort	Codependence	
	Core Shift	Unconscious Perception of Core Split:	Infinite	Finite	Disconnection	
	Synthesis	Life Resolution Strategies Unravel:	Seeking	Fixing	Attracting	
	Lived Stage	Whole Being Realization Disposition:	Not Knowing	Meeting Discomfort	Open to Support	
▼ Awakening Self ▼						
5. Awakening Phase	Process	Practicing Whole Being Mutuality:	In Awareness	Within Oneself	With Others	Initial Whole Being Non-Dual Awakening
	Realization	Whole Being Realization:	Transcendent Awareness	Conscious Embodiment	Non-Separate Interconnection	
	Core Shift	Conscious as Core Paradox:	Infinite	Finite	Core Discomfort Held – Core Wellness Lived	
	Synthesis	Whole Being Oscillation:	Expansion	Contraction	Simultaneity	
	Lived Stage	Whole Being Awakened Life:	Awareness	Embodiment	Interconnection	
6. Continuity Phase	Process	Whole Being Reconfiguration:	Beliefs	Conditioning	Relating	Seamless Continuity Awakening™
	Realization	Whole Being Continuity Realization:	All Inclusive Awareness	Fundamental Trust in Being	Fabric of Interconnectedness	
	Core Shift	Conscious as Core Triadox:	Infinite	Finite	Self Felt as Relationship of Infinite & Finite	
	Synthesis	Living Whole Being Mutuality:	In the Collective	As Triadoxical Core	With All Creation	
	Lived Stage	Whole Being Seamless Awake Life™:	Consciousness	Beingness	Mutuality	
▼ Evolving Awakened Self ▼						
7. Heart Phase	Process	Discovering and Living Love:	Impersonal Conscious Nature	Personal Manifest Nature	Interpersonal Mutual Nature	Whole Heart Awakening™
	Realization	Whole Being Heart Realization:	Unconditional Love Awareness	Embodied Love	Fabric of Love	
	Core Shift	Conscious as Core Love:	Infinite	Finite	Inner Nature Felt as Love	
	Synthesis	Whole Being Love Recognition:	Knowing Love	Being Love	Living Love	
	Lived Stage	Whole Being Heart Awake Life™:	Conscious Love	Manifest Love	Mutual Love	
8. Fire of Life Phase	Process	Surrendering and Intensifying:	As Presence	As Core Trinity	As Love	Fire of Life Awakening™
	Realization	Whole Being Fire of Life Realization:	Infinity Awareness	Creation Point	Fabric of Adoration	
	Core Shift	Conscious as Core Trinity:	Consciousness	Being	Universal Love	
	Synthesis	Intensification of Wholeness:	Expanding Awe	Intensifying Trust	Magnifying Love	
	Lived Stage	Awake as Alchemical Fire of Life™:	↻ Consciousness ↔ Being ↔ Universal Love ↻			
9. Self – No Self Phase	Process	Awareness and Curiosity:	Discerning	Observing	Intuiting	'Self – No Self' Awakening™
	Realization	Whole Being 'No Self' Realization:	Emptiness	Isness	Oneness	
	Core Shift	Conscious as Emergent Source:	· Infinite Consciousness ◊ Infinite Being ◊ Infinite Love ·			
	Synthesis	Acclimation to Awareness of No Self:	Abiding in Awareness	Engaging in Life	Relating in Love	
	Lived Stage	Awake as Self – No Self™:	Source – Emptiness	Fullness – Isness	Allness – Oneness	
▼ Sacred Awakening ▼						
10. Sacred Essence Phase	Process	Living as Self – No Self:	In Peace	As Joy	With Love	Sacred Essence of Creation Awakening™
	Realization	Whole Being Sacred Essence Realization:	Sacred Awareness	Sacred Eternal Being	Sacred Love Bliss	
	Core Shift	Conscious as Sacred Core Trinity:	Sacred Consciousness	Sacred Being	Sacred Universal Love	
	Synthesis	Identification as Sacred Essence:	Sacred Freedom	Sacred Trust	Sacred Love	
	Lived Stage	Awake as Sacred Essence of Creation™:	· Sacred Consciousness ◊ Sacred Being ◊ Sacred Universal Love ·			
11. Sacred Self Phase	Process	Whole Being Sacred Grace:	Cognition	Revelation	Expression	'Sacred Self' Awakening™
	Realization	Whole Being 'Sacred Self' Realization:	Sacred Source as Self	Sacred Fire as Self	Sacred Heart as Self	
	Core Shift	Conscious as Sacred Heart of Self:	Sacred Source of All	Sacred Fire of Creation	Sacred Heart of Life	
	Synthesis	Whole Being Soul Fulfillment:	Realizing Sacred Soul-Self	Being Fundamentally Whole	Living Source Expression	
	Lived Stage	Awake as Sacred Self™:	· Sacred Source of All ◊ Sacred Fire of Creation ◊ Sacred Heart of Life ·			
▼ Sacred Wholeness ▼						
12. Sacred Wholeness Phase	Process	Sacred Self Transformation:	Refinement in Knowing	Stabilization in Being	Integration in Living	Sacred Wholeness Awakening™
	Realization	Whole Being Sacred Wholeness Realization:	Sacred Source as All	Sacred Fire as All	Sacred Heart as All	
	Core Shift	Golden Sacred Singularity™:	Conscious Sacred Source of All	Conscious Sacred Fire of All	Conscious Sacred Heart of All	
	Synthesis	Universal Sacred Soul Revealed:	Living Sacred Source as All	Living Sacred Fire as All	Living Sacred Heart as All	
	Lived Stage	Awake as Conscious Sacred Wholeness™:	· Sacred Source Awake as All ◊ Sacred Source Manifest as All ◊ Sacred Source Heart of All ·			
Whole Being Evolution Culmination:			- Source as All -			