

WHOLE BEING EVOLUTION™ – WHOLENESS ELEMENTS TABLE							
WHOLE BEING EVOLUTION		This Table shows the 12 Phases of Whole Being Evolution from Source to Source – Each phase includes 5 Steps: Process, Cognizance/Realization, Inner Core Shift, Synthesis, Lived Stage					WHOLE BEING EVOLUTION
Phases	Steps	Wholeness Unfolding	Whole Being Dimensions				Soul Awakenings
▼ Creation ▼							
1. Inception Phase	Process	Inception of Creation:	– Source of All –				Emergence of Manifestation
	Cognizance	Whole Being Dimensions of Creation:	↓ Infinite Consciousness ↓	↓ Infinite Being ↓	↓ Infinite Love ↓		
	Core Shift	Emergent Source:	· Infinite Consciousness ♦ Infinite Being ♦ Infinite Love ·				
	Synthesis	Tenets of Creation Emerge:	Conscious	Eternal	Inseparable		
	Lived Stage	Emergent Alchemical Fire of Life™:	↺ Consciousness ↔ Being ↔ Universal Love ↻				
2. Emergence Phase	Process	Creating and Generating:	Conception	Coalescence	Connection	Emergence of Underlying Form of Self	
	Cognizance	Whole Being Dimensions of Self:	Identity	Existence	Relatedness		
	Core Shift	Emergent Core of Self:	Infinite	Finite	Relationship of Infinite and Finite		
	Synthesis	Facets of Self Coalesce:	Mental	Physical	Relational		
	Lived Stage	Emergent Self:	Mind	Body	Emotion		
	Whole Being Dimensions of Self:		↓ Identity ↓	↓ Existence ↓	↓ Relatedness ↓		
▼ Evolving Self ▼							
3. Formation Phase	Process	Becoming and Clarifying:	Thinking	Sensing	Feeling	Emergence of Self Discovery Awareness	
	Cognizance	Whole Being Early Self:	Mystical Perception	Core Vulnerability	Immersion		
	Core Shift	Unconscious Sense of Inner Unknown:	Infinite	Finite	Mystery		
	Synthesis	Growth and Differentiation:	Spiritually	Personally	Socially		
	Lived Stage	Aware as Finite Self:	Beliefs	Desires	Attractions		
4. Individuation Phase	Process	Developing and Achieving – unabated drive:	To Be Free	To Be Worthy	To Be Loved	Emergence of Evolutionary Self Awareness	
	Cognizance	Whole Being Individuated Self:	Conscious Separateness	Core Discomfort	Codependence		
	Core Shift	Unconscious Perception of Core Split:	Infinite	Finite	Disconnection		
	Synthesis	Life Resolution Strategies Unravel:	Seeking	Fixing	Attracting		
	Lived Stage	Whole Being Realization Disposition:	Not Knowing	Meeting Discomfort	Open to Support		
▼ Awakening Self ▼							
5. Awakening Phase	Process	Practicing Whole Being Mutuality:	In Awareness	Within Oneself	With Others	Initial Whole Being Non-Dual Awakening™	
	Realization	Whole Being Realization:	Transcendent Awareness	Conscious Embodiment	Non-Separate Interconnection		
	Core Shift	Conscious as Core Paradox:	Infinite	Finite	Core Discomfort Held–Core Wellness Lived		
	Synthesis	Whole Being Oscillation:	Expansion	Contraction	Simultaneity		
	Lived Stage	Whole Being Awakened Life™:	Awareness	Embodiment	Interconnection		
6. Continuity Phase	Process	Whole Being Reconfiguration:	Beliefs	Conditioning	Relating	Seamless Continuity Awakening™	
	Realization	Whole Being Continuity Realization:	All Inclusive Awareness	Fundamental Trust in Being	Fabric of Interconnectedness		
	Core Shift	Conscious as Core Triadox™:	Infinite	Finite	Self Felt as Relationship of Infinite & Finite		
	Synthesis	Living Whole Being Mutuality:	In the Collective	As Triadoxical Core	With All Creation		
	Lived Stage	Whole Being Seamless Awake Life™:	Consciousness	Beingness	Mutuality		
▼ Evolving Awakened Self ▼							
7. Heart Phase	Process	Discovering and Living Love:	Impersonal Conscious Nature	Personal Manifest Nature	Interpersonal Mutual Nature	Whole Heart Awakening™	
	Realization	Whole Being Heart Realization:	Unconditional Love Awareness	Embodied Love	Fabric of Love		
	Core Shift	Conscious as Core Love™:	Infinite	Finite	Inner Nature Felt as Love		
	Synthesis	Whole Being Love Recognition:	Knowing Love	Being Love	Living Love		
	Lived Stage	Whole Being Heart Awake Life™:	Conscious Love	Manifest Love	Mutual Love		
8. Fire of Life Phase	Process	Surrendering and Intensifying:	As Presence	As Core Trinity	As Love	Fire of Life Awakening™	
	Realization	Whole Being Fire of Life Realization:	Infinity Awareness	Creation Point	Fabric of Adoration		
	Core Shift	Conscious as Core Trinity™:	Consciousness	Being	Universal Love		
	Synthesis	Intensification of Wholeness:	Expanding Awe	Intensifying Trust	Magnifying Love		
	Lived Stage	Awake as Alchemical Fire of Life™:	↺ Consciousness ↔ Being ↔ Universal Love ↻				
9. Self–No Self Phase	Process	Awareness and Curiosity:	Discerning	Observing	Intuiting	‘Self – No Self’ Awakening™	
	Realization	Whole Being ‘No Self’ Realization:	Emptiness	Isness	Oneness		
	Core Shift	Conscious as Emergent Source™:	· Infinite Consciousness ♦ Infinite Being ♦ Infinite Love ·				
	Synthesis	Acclimation to Awareness of No Self:	Abiding in Awareness	Engaging in Life	Relating in Love		
	Lived Stage	Awake as Self–No Self™:	Infinity–Emptiness	Fullness–Isness	Allness–Oneness		
▼ Sacred Awakening ▼							
10. Sacred Essence Phase	Process	Living as Self–No Self:	In Peace	As Joy	With Love	Sacred Essence of Creation Awakening™	
	Realization	Whole Being Sacred Essence Realization:	Sacred Unbounded Awareness	Sacred Eternal Being	Sacred Love Bliss		
	Core Shift	Conscious as Sacred Core Trinity™:	Sacred Awareness	Sacred Being	Sacred Universal Love		
	Synthesis	Identification as Sacred Essence:	Sacred Freedom	Sacred Trust	Sacred Love		
	Lived Stage	Awake as Sacred Essence of Creation™:	· Sacred Awareness ♦ Sacred Being ♦ Sacred Universal Love ·				
11. Sacred Self Phase	Process	Whole Being Sacred Grace:	Cognition	Revelation	Expression	‘Sacred Self’ Awakening™	
	Realization	Whole Being ‘Sacred Self’ Realization:	Sacred Awareness as Self	Sacred Being as Self	Sacred Love as Self		
	Core Shift	Conscious as Sacred Heart of Self™:	Sacred Awareness of All	Sacred Fire of Creation	Sacred Heart of Life		
	Synthesis	Whole Being Soul Fulfillment:	Realizing Sacred Soul-Self	Being Fundamentally Whole	Living Source Expression		
	Lived Stage	Awake as Sacred Self™:	· Sacred Awareness of All ♦ Sacred Fire of Creation ♦ Sacred Heart of Life ·				
▼ Sacred Wholeness ▼							
12. Sacred Wholeness Phase	Process	Sacred Self Transformation:	Refinement in Knowing	Stabilization in Being	Integration in Living	Sacred Wholeness Awakening™	
	Realization	Whole Being Sacred Wholeness Realization:	Sacred Awareness as All	Sacred Being as All	Sacred Love as All		
	Core Shift	Conscious as Golden Sacred Singularity™:	Conscious Sacred Awareness of All	Conscious Sacred Fire of All	Conscious Sacred Heart of All		
	Synthesis	Universal Sacred Soul Revealed:	Living Sacred Awareness as All	Living Sacred Fire as All	Living Sacred Heart as All		
	Lived Stage	Awake as Conscious Sacred Wholeness™:	· Sacred Source Awake as All ♦ Sacred Source Manifest as All ♦ Sacred Source Heart of All ·				
Whole Being Evolution Culmination:			– Source as All –				